

The Adaptive Teacher

Prior to this seminar, mentors will have completed their induction. They will be familiar with how the development cycles function. Therefore, mentors will be able to consider how they could apply the learning from this seminar within the structure of their interactions with their ECT.

By the end of this seminar, mentors will:

- be able to describe the importance of adaptive expertise in teaching
- understand the influence of mentoring on adaptive expertise
- think critically about how they could support their ECT to acquire adaptive expertise.

There is no pre-work for this seminar. The self-directed study session on 'Metacognition and self regulation' can be completed after the seminar.

Optional self-directed study

Mentors have access to the optional self-directed study sessions and can access these to support their development at any stage during the year. The optional sessions include:

- Building research literacy
- Metacognition and self-regulation in teaching
- Finding balance in your workload
- Understanding equality, diversity and inclusion

You can find out more about the breakdown of the development cycle in your year 2 programme guide.